



YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Tuna Pasta Bake Cheese & Onion Pasty(v)	Spaghetti & Meatballs In Tomato Sauce Tomato Pasta Bake(v)	Roast Turkey & Stuffing Roast Quorn Joint With Gravy(v)	Chicken Tikka Masala With Naan Roasted Vegetable Lasagne (V)	Battered Pollock Fish & Chips Cheese & Tomato Pizza(v)
Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta
<p>Fresh Seasonal Salad Bar Available Every Day With Bread Daily</p> <p>Selection Of Fresh Fruit & Yogurts Instead Of Pudding Available Daily</p>				
Minions Strawberry Yoghurts Or Fresh Fruit	Chocolate Sponge	Choc Chip Muffin & Milk	Fruit Pavalova	Ice- Cream Or Jelly

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.
For Any Allergen/Dietary Requirements Please Speak To The Catering Supervisor

MADE FRESH
Holy Name



YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Cauliflower & Broccoli Cheese With Garlic Slice(v) Pork Sausage Hot Dogs	Beef Bolognese With Pasta Cheese & Pepper Rolls(v)	Roast Chicken With Yorkshire Pudding Roasted Quorn Joint With Vegetable Gravy(v)	Beef Burgers With Jacket Wedges Jacket Potatoes With Baked Beans & Cheese (V)	Fish Fingers & Chunky Chips Pizza Margherita(v)
Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta
<p>Fresh Seasonal Salad Bar Available Every Day With Bread Daily</p> <p>Selection Of Fresh Fruit & Yogurts Instead Of Pudding Available Daily</p>				
Fresh Fruit Salad & Minions Yogurt	Lemon Sponge	Shortbread & Raisins	Mixed Muffins	Ice Cream Or Fruit Jelly

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.

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MADE FRESH

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YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Bangers & Mashed Potatoes	Sticky BBQ Chicken & Jacket Wedges (V)	Roast Gammon & Gravy	Teriyaki Chicken & Rice	Cod Fishcake With Chips
Quorn Sausages With Mash & Gravy	Macaroni Cheese & Jacket Wedges (V)	Vegetable Schnitzel & Gravy(v)	Vegetarian Biryani & Quorn(v)	Pizza Margherita (V)
Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta	Served With Steamed Vegetables Rice, Potatoes Or Pasta
<p>Fresh Seasonal Salad Bar Available Every Day With Bread Daily</p> <p>Selection Of Fresh Fruit & Yogurts Instead Of Pudding Available Daily</p>				
Fresh Fruit Salad Or Fruit Yogurts	Blueberry Muffin	Flapjacks & Raisins	Jaffa Roly Poly	Frozen Yoghurts

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.
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MADE FRESH
Holy Name

Healthy & Balanced Menu Certificate

This is to certify that

The Autumn & Winter Menu for Holy Name Primary School

Has Been Assessed to be a
Nutritious, Balanced & Healthy Menu



Anna-Maria Holt BSc RD
Company Dietitian

Pelican Procurement Services, Ash House, Tanshire Park, Shackleford Road, Elstead, Surrey, GU8 6LB, 01252 705200

*Food provision has been evaluated by a registered dietitian against the food-based standards for lunches (January 2015) using menus and information as provided by the school at time of audit. Changes to menus, or additional food provision not included in the audit will invalidate this certificate.

