

Year 5 Football

National Curriculum objectives

Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.
Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Key Learning

- Control the ball, keeping it close
- Developing passing skills including developed use of inside of the foot
- Able to perform block tackle and mark effectively
- Turn and shoot at speed and with accuracy
- Application of skills within game

Equipment

- Class set of footballs.
- Class set of cones.
- Coloured bibs.
- Class set of hoops

Key Vocabulary

Control: Being able to make the ball and your body move how you want them to.
Defend: Trying to stop the other team from moving towards your goal.
Mark: Staying close to an opposing player so that it is difficult for them to make or receive a pass.
Receive (pass): To successfully take possession of the ball when someone has passed it to you.
Shoot: To kick the ball powerfully with the aim of scoring a goal.
Speed: How quickly something is moving.
Tackle: To take possession of the ball from a member of the opposition.
Turn: To change direction quickly with the ball, aiming to get away from an opposing player or to put them off balance.

Key Questions

What part of the foot is best used to give most control when passing?

When should you try to get away from the player on the opposing team?

When should you mark a player on the opposing team?

Can you think of a time when you wouldn't pass to a team-mate?

Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down