

Year 2 Games 4

National Curriculum objectives

Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending.

Key Learning

- Understand the basics of holding a hockey stick and dribbling a ball
- Pass a hockey ball to a partner and group with control
- Demonstrate attacking skills in hockey such as shooting
- Demonstrate bouncing a basketball with control
- Develop bouncing skills into dribbling activities
- Move away from a defender whilst continuing to dribble

Equipment

- Hockey sticks
- Cones (assorted colours)
- Soft balls
- Basketballs (size 3 or 4)
- Bibs

Key Questions

What are the differences between dribbling and passing the ball in hockey and basketball?

What do you have to think about when you trap a ball with a hockey stick?

How do you hit a ball with a hockey stick?

How many steps can you take with the ball in your hands in basketball?

Key Vocabulary

Attacking: Movement made towards the oppositions scoring area within the game to score points.

Basketball: A game played on a court by two teams of five players each. Points are scored by shooting the ball through a high metal hoop and net at the opponent's end of the court.

Bouncing: Moving the ball quickly up, back, or away from a surface after hitting it.

Control: to perform movements and skills or change the speed and direction you move without losing your balance.

Defenders: Players whose role is to protect the home team's goal and prevent the other team from scoring.

Defending: Movements made to protect the home team's goal, preventing the opposition from scoring.

Dribbling: The act of bouncing the ball continually.

Hockey sticks: A piece of sports equipment used by the players in all the forms of hockey to move the ball or puck around the playing area.

Hockey: A game played on ice or in a field by two teams who try to drive a puck or ball through a goal by hitting it with a stick.

Opponent: A player on the opposite team.

Passing: Sending the ball to another member of your team.

Scoring: When a team gets a point by delivering the ball or puck into the opponent's goal net.

Shooting: Trying to score points for your team by hitting or throwing the ball towards the goal or net.

Space: The area to move around and perform your skills in.

Teamwork: Working together and supporting other members of your team in a game.

Trapping: When you receive a pass from a team-mate, and you stop the ball in a controlled way.

Travelling: When a player moves across the court or play area. In basketball – when the ball handler takes too many steps without dribbling.

Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down