

## Year 2 Games 1

### National Curriculum objectives

Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending.

### Key Learning

- Show control and balance in basic movements.
- Demonstrate confidence in ball handling skills.
- Control a moving ball in a variety of ways.
- Show rolling and gathering skills with confidence and precision.
- Show progression from rolling into catching and throwing.

### Equipment

- Cones/Large cones (goals)/Spots.
- Flat markers/spots.
- Bibs.
- Large balls/Tennis balls/Football/Basketball
- Tennis racket.
- Hockey stick.

### Key Questions

What are the different ways you can move around the play space?

What do you need to think about when you receive the ball?

What position is your body in when you roll a ball?

How do you work as a team in a game?

### Key Vocabulary

**Balancing:** To stay still and steady in a position or shape. To keep steady on your feet while moving and performing skills.

**Body behind the ball:** The body position when rolling the ball.

**Bouncing:** Moving the ball quickly up, back, or away from a surface after hitting it.

**Carrying:** To move with the ball in your hands.

**Catching:** Grabbing or capturing the ball in your hand.

**Chasing:** Following after a ball to try and collect it in your hands.

**Collecting:** To gain control of the ball by gathering it into your hands.

**Control:** To perform movements and skills without losing your balance.

**Counter balance:** A balance where two players take each other's weight by pushing against each other.

**Dribbling:** The act of bouncing the ball continually.

**Handling:** Grasping or holding the ball using the hands.

**Intercept:** Blocking the ball from passing between two other players.

**Movement:** Changing your place, position or posture in the playing space.

**Pathways:** The course or route you want to move in or send the ball in.

**Possession:** Having physical control of the ball or puck by one team.

**Receiving:** When the ball is passed to you by another player and you are able to stop it and move on with it.

**Rolling:** When a ball or other equipment moves across the ground, turning over and over...

**Sending:** To roll, throw or move the ball to another player.

**Space:** The area to move around and perform your skills in.

**Spatial awareness:** Being aware of the where you are in the play area and what is around you.

**Stopping:** To impede the movement of the ball so that it stops moving.

**Throwing:** Pass the ball to another player either underarm or overarm.

**Underarm:** Throwing or passing a ball with the arm or hand below shoulder level.

### Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down