

Year 6 Dance Unit 6.1

National Curriculum objectives

Perform dances using a range of movement patterns.

These skills are fluid and may commence later or earlier in specific year groups and possibly cross them contingent of outcomes.

Key Learning

Performance and appreciation

- Perform choreographed dance narrative, improving movements, developing timing and spacing
- Assess self and others with increasing critical feedback and suggested actions for improvement using apt and precise language

Choreography

- Explore and link a number of movements and patterns
- Use choreographed movements and patterns to tell a narrative; adapt movements in a more creative style; utilise a floor plan

Movement

- Use choreographed movements and patterns to tell a narrative; adapt movements in a more creative style; utilise a floor plan
- Use gymnastic equipment to create improvised movement
- Allow different parts of the body to lead and influence the rest of the movement; using a range of levels tempos and contact work

Key Vocabulary

Canon: A movement canon occurs when dancers perform the same phrase one after the other.

Gesture: Is a movement of any part of the body that is not weight bearing.

Instrumentation: a choreographic device where a movement performed by a body part(s) is transferred to another body part(s).

Parkour: Finding a pathway from one point to another in the most direct way possible, often over obstacles in an urban environment.

Pathway: Patterns created in the air or on the floor by the body or body parts.

Phrase: Is a short choreographic element that has an intention and feeling of a beginning and an end.

Retrograde: A choreographic device whereby movements or a motif are performed backwards.

Equipment

- 15 x Gymnastic mats laid out around the learning space (for cool down)
- Music
- Gymnastic benches
- Percussion instrument

Key Questions

What did you enjoy most about street dance topic?

Discuss use of parkour

Discuss a movement or pathway.

Did the performance tell a story?

Safety

- Remove all jewellery including earrings
- Long hair must be tied back
- Wear suitable footwear
- Use correct techniques
- Complete a warm-up and cool-down