



YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Broccoli & Cheese Bake & Garlic Slice(v) Omelette (v)	Meatballs & Jacket Wedges Vegetable Lasagne & Garden Salad(v)	Roast Turkey Dinner With Stuffing & Roast Potatoes Four Cheese Quiche & Roast Potatoes(v)	Chicken Tikka Curry With Naan Bread Mediterranean Pasta Bake With Garlic Slice(v)	Traditional Fish & Chunky Chips Pizza Margherita & Chunky Chips(v)
Fresh Seasonal Vegetables With Wholemeal Rice, Pasta Or Potatoes	Served With Fresh Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables & Salad
Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily				
Selection Of Fresh Fruit & Yogurts Available Daily				
Jam Tarts & Peaches	Jam Sponge & Custard	Mini Muffin & Milk	Fresh Fruit Salad & Yoghurts	Ice-cream Or Jelly

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.
For Any Allergen/Dietary Requirements Please Speak To The Catering Supervisor

MADE FRESH



YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Country Vegetable Bake With Tomato Sauce(v)	Sausages In Yorkshire Puddings With Vegetable Gravy	Roast Chicken Breast With Stuffing & Roast Potatoes	Chicken Curry With Boiled Rice	Cod Fish Fingers & Chunky Chips
Pasta Bake With Garlic Slice(v)	Three Bean Chilli In A Yorkshire Pudding(v)	Cheese & Potato Pie With Vegetable Gravy(v)	Quorn & Vegetable Chow Mein(v)	Pizza Margherita & Chunky Chips(v)
Fresh Seasonal Vegetables With Wholemeal Rice, Pasta Or Potatoes	Fresh Seasonal Vegetables With Wholemeal Rice, Pasta Or Potatoes	Served With Fresh Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables & Salad
Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily				
Selection Of Fresh Fruit & Yogurts Available Daily				
Fresh Fruit & Yoghurts	Scone With Jam & Cream	Apple Crumble & Custard	Iced Buns & Fresh Fruit	Fruit Jelly Or Ice-cream Cake

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.
For Any Allergen/Dietary Requirements Please Speak To The Catering Supervisor

MADE FRESH



YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli Con Carne With Rice	Welsh Shepherd's Pie	Roast Gammon With Roasties & Vegetable Gravy	Chicken & Chickpea Curry & Rice	Crispy Battered Fish & Chunky Chips
Sweet & Sour Quorn With Egg Noodles(v)	Macaroni Cheese With Garlic Bread(v)	Cheese & Onion Pasty With Roasties & Vegetable Gravy(v)	Tuna & Sweetcorn Pasta Bake With Garlic Slice	Pizza Margherita(v)
Served With Fresh Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables & Salad	Served With Fresh Seasonal Vegetables & Salad
Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily				
Selection Of Fresh Fruit & Yogurts Available Daily				
Fresh Fruit Salad & Yoghurts	Strawberry Pavlova	Bananas & Custard	Crepes With Lemon & Sugar	Artic Roll Or Fruit Jelly

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.
For Any Allergen/Dietary Requirements Please Speak To The Catering Supervisor

MADE FRESH